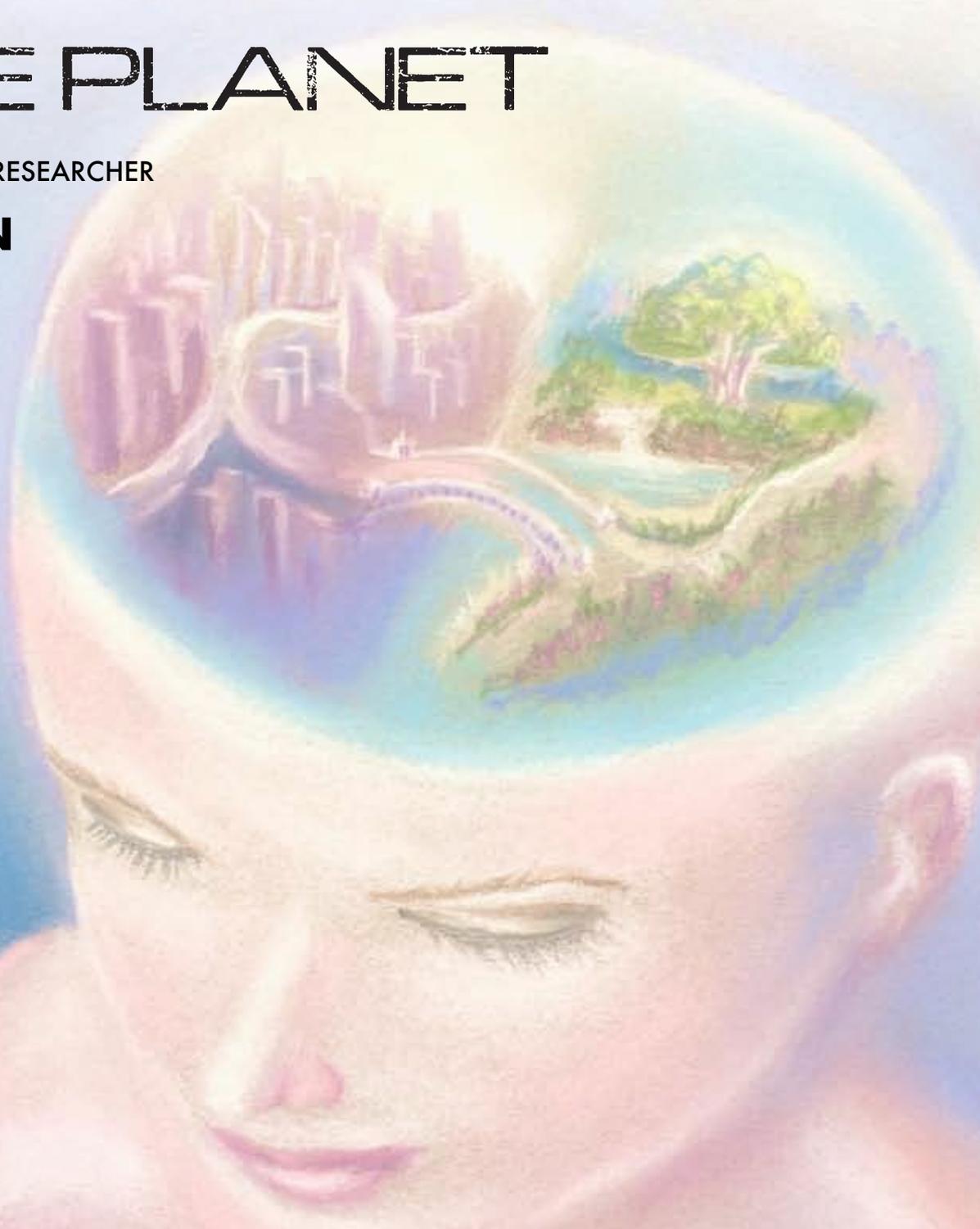


# THE PLANET

EARLY CAREER RESEARCHER

**BULLETIN**



# THE PLANET

*The Planet* is an Early Career Researcher (ECR) Bulletin published on a quarterly basis by inVIVO Planetary Health. *The Planet* contains global and local planetary health news stories, *Spotlight* - an ECR interview or article, advice from senior researchers, events and quizzes!

If you have any feedback or would like to contribute to *The Planet* in the future, contact our editors:

**Jake:** [jmrobinson3@sheffield.ac.uk](mailto:jmrobinson3@sheffield.ac.uk)

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## The Planet Editors



*Jake M. Robinson*  
*PhD Researcher & inVIVO board member*  
*Nature-based interventions; microbial ecology*  
*University of Sheffield*



*Danielle MacCarthy*  
*PhD Researcher*  
*Urban nature; health; urban design*  
*Queen's University Belfast*



*Professor Susan Prescott*  
*Pediatrician and Immunologist*  
*Founder and President of inVIVO*  
*Planetary Health*

Background art throughout *The Planet* by Susan Prescott

# THE PLANET

As the editors of The Planet, we would like to express our support for the peaceful demonstrations illuminating ongoing racism and socio-ecological injustice. We would like to highlight the Society for Ecological Restoration (SER) letter to the community: "Ecological Restoration Requires Racial Justice" and we echo their sentiments (set out below).

We must not give in to hopelessness and we endeavour to spread enthusiasm for change!

## Ecological Restoration Requires Racial Justice

Tuesday, June 2, 2020

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SER stands united with those demonstrating peacefully to speak out against racism and injustice wherever they occur. Too often and in too many places across the world, environmental injustice and racial injustice go hand in hand, from the murders of indigenous environmental leaders working to protect the Amazon, to the poisoned water of Flint, Michigan in the US. Black ecologists, biologists, and restorationists in the US often put themselves in jeopardy just doing their jobs, especially field work, let alone the racism they face in every other aspect of their daily lives. Here in the US we know that the conservation movement is not as diverse as it should and could be. SER is committed to continuing to engage all people and all sectors in restoration, including creating and providing resources to encourage active, empowered, and rewarding participation in restoration (and related careers) to underserved, underrepresented, and disenfranchised communities throughout the world.

When environmental injustice prevails, both conservation and restoration falter. When conservation and restoration falter, everyone suffers. Restoration cannot be implemented without inclusion – and that means including everyone. It is the very first principle in the SER International Principles and Standards for the Practice of Ecological Restoration.

For ecological restoration to succeed, everyone, everywhere should be safe and welcome in the natural world. For the US experiment to succeed, black people should be safe and welcome in their jobs, in our communities, while walking or jogging on the street, while bird or wildlife watching, while engaging in nature-based careers, and while just being. All minorities across the globe should feel that same safety, but unfortunately that is not the case today. For these reasons, SER is proud to stand in solidarity with peaceful demonstrators for an equitable, inclusive, just, and ecologically healthy global society.

# Planetary Health in the News



## After the COVID crisis, will the world be greener?

A recent article in the Guardian covers this topic:

In the article, economist Kate Raworth said: "We live in a world that is complex, deeply interconnected, and human health and planetary health are woven into one. So governments need frameworks and ways of thinking that can hold that complexity - that can think about climate and health and jobs and financial stability and inequality in one space".

She is working with the city of Amsterdam to apply "Doughnut economics" to the city's post COVID pandemic recovery strategy. Doughnut economics is a model of socially and environmentally sustainable economy and will require a meaningful shift towards environmental protection in economic policy - and new relationships between governments and the private sector to produce a green economy.



**To find out more, visit the news article here:**

<https://www.theguardian.com/environment/2020/may/17/after-the-covid-19-crisis-will-we-get-a-greener-world>



# Spotlight

## Early Career Researcher Article



**Author:** Eleanor Dixon

**Discipline:** Planetary health

### Students for Planetary Health

Our planet is at a tipping point. It is only in the past few decades that we have come to realise how much of an impact our actions have on the planet, just in time to be almost past the point of no return. We're not quite there yet though, and the key to repairing and preserving the Earth's systems will be collaborative effort on a global scale. It's vital that we have effective communication and cooperation between scientists, governments, industry, and the public in order to tackle climate change and balance out our use of natural resources with what we can do to heal the environment.

Students for Planetary Health was launched in January 2020 as part of the Planetary Health Alliance Northern Europe Regional Hub. We're based at Royal Holloway, University of London (the Hub's coordinating institute) and the group is run by Masters student Eleanor Dixon, who works as an administrative assistant for the Hub. Our aim is to build a network of scientists from all fields who are interested in planetary health. Planetary health isn't limited to one area of research and we're working to create a network that reflects this diversity.

In April this year, the Eastern Africa and Northern Europe Planetary Health Regional Hubs launched a COVID-19 resource pack via our website ([studentsforplanetaryhealth.com/covid19](https://studentsforplanetaryhealth.com/covid19)). Aimed at supporting researchers and public health professionals, particularly those in the Global South, the resource brings research, advice, education, and guidelines into one place. It is available to anyone seeking information on the pandemic.

When the lockdown is lifted and the world begins to return to normal, we will be looking to launch several campaigns aiming to improve sustainability, biodiversity and mental health at Royal Holloway and the local community. We'll also continue to support climate and environment-focused student groups at the university and further afield.

In the meantime, we are currently focused on publishing high-quality, balanced, and informative articles on all aspects of planetary health and the environment. We also promote planetary health-focused events and meetings (including the virtual ones). We welcome anyone who is interested in planetary health and are happy to publish guest posts - to get in touch email [contact@studentsforplanetaryhealth.com](mailto:contact@studentsforplanetaryhealth.com), or find us on:

Twitter: [@students\\_ph](https://twitter.com/students_ph)

Facebook: [@Students for Planetary Health/@studentsforph](https://www.facebook.com/StudentsforPlanetaryHealth)

# A call to researchers!

Michael Eichinger recently joined the inVIVO Planetary Health Early Career Network. He is currently based at Heidelberg University. Besides working as a pediatrician at the University Hospital of Mannheim, he is a research fellow at the Mannheim Institute of Public Health. His research interests center around the comprehensive evaluation of Planetary Health curricula and exploring ways how municipalities can lead transformational change at a local level.

Michael is involved in the development of a planetary health elective course for medical students. The course has a strong focus on how to facilitate transformational change as a health professional. While developing the course they are currently working on a design to evaluate its effects.

Michael would like to know if any members in the inVIVO network or beyond are interested in transformational higher education and its evaluation?

If this sounds like you, and you might be interested in exchanging ideas and potentially collaborating further in developing an evaluation design, please get in touch with Michael:

**[michael.eichinger@medma.uni-heidelberg.de](mailto:michael.eichinger@medma.uni-heidelberg.de)**

# Planetary Health Webinars

## Ecohealth Knowledge to Action Research Group and inVIVO Planetary Health

**June 17th 2020 9-10:30am (PDT)**

*Action Agenda Workshop #2; Mobilizing for the bounce forward.*

**Join here:** <https://www.meethere.org/conferences/learning-for-planetary-health>



**June 24th 2020 9-10:30am (PDT)**

*Indigenous perspectives and communicable disease control, protecting the rights of all peoples.*

**Join here:** <https://www.meethere.org/conferences/learning-for-planetary-health>

THE PLANET'S

## Media Picks

### Media Recommendation:

Check out Trevor Hancock's regular column here:

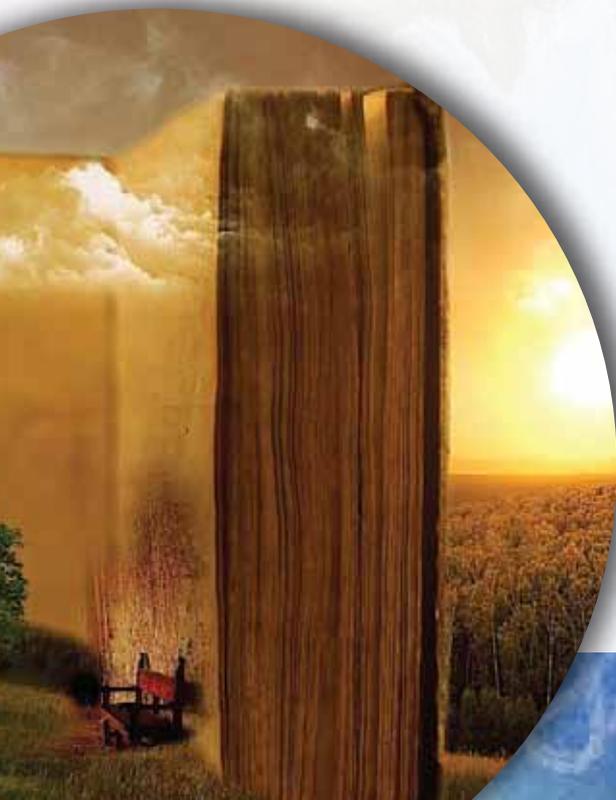
<https://trevorhancock.org/>

*Trevor writes extensively about planetary health issues and solutions!*



*Also, check out the Sapience Project for campfire talks on wisdom, health, activism and the state of the planet!*

<https://www.sapience.earth/>



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[www.invivoplanet.com](http://www.invivoplanet.com)